

# OIL-OIRDS Organizes Millets Awareness Session in Assam, Distributes Ragi Flour

Date: 16'th November 2023

In support of the International Year of Millets (IYM 2023), declared by the United Nations on India's initiative, an awareness session was conducted by OIL-OIRDS at Chetiapather Sub-Centre in Assam under Project OILArogya. Aligning with Prime Minister Shri Narendra Modi's push to popularize millets for their health and environmental benefits, Ragi flour was distributed to encourage the consumption of nutritious and affordable food among pregnant women, lactating mothers, adolescent girls, and children.

As part of the awareness campaign, the screening of the official video titled 'Abundance in Millets' featuring PM Modi was held, highlighting the benefits of millets. Notably, the video has been nominated for the Grammy 2024 in the Best Global Music category. The session also included discussions led by local health workers and the OIL-OIRDS team, covering the health benefits of millets and sharing simple recipes to incorporate this superfood into daily diets.

